



Justin United Methodist Church Newsletter

A Day of Rest

By Pastor Buster

Our church family gets together on Wednesday nights to share a meal. As I listen to people I hear how busy everybody is. People are trying to earn a living, care for their family, and keep up a home. There doesn't seem to be much time to build relationships or get the exercise and sleep we know we need.

We're a bunch of stressed out people! We work longer to make ends meet. We're bombarded by messages that tell us we need to be more successful, our kids need to be in more activities, and our homes need to be

cleaner. Our bodies are worn out because they aren't getting the rest they need. We aren't getting the time to be with the people who renew our spirits with their friendship. The demands we seem to have on us are just more than we can ever meet.

So what are we to do? I think we need to bring back the historic practice of having a day of rest every week. We just plain need time to chill out, to goof off, to get a nap—to just do nothing.

A day of rest was a regular part of our culture until just the recent past. But somehow stuff

started getting scheduled for every day of the week. The companies we work for started expecting us to work seven days a week, our kids' sports teams started having games seven days a week, and our day of rest disappeared.

In the year 321 AD, the emperor Constantine decreed Sunday as a special day of rest throughout the Roman Empire. For centuries after, Sunday was a day for government-sponsored rest. But anymore, it's rare to find a company, restaurant, or

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May 2007

Volume 2, Issue 5

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METHODISM 101

General Conference

Courtesy of United Methodist News Service

General Conference is the top policy-making body of The United Methodist Church. Church law provides for a maximum of 1,000 delegates – half clergy, half

lay. Each annual conference must have at least one delegate from each order. Beyond that, a conference's representation is based on the number of lay members

and clergy members in the conference.

The conference revises *The Book of Discipline* (book of church law) and Social Principles and adopts resolutions on current moral, social, public policy and eco-

nomics issues. It also approves plans and budgets for churchwide programs for the next four years.

The next General Conference will meet April 23-May 2, 2008, in Fort Worth. If you

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Joy Circle News

Contributed by Jean Ann Chambers

The Joy Circle is finishing up the year with some special events. Joy ladies are hostesses for the May 16 Wednesday night supper. Judy Lopez is making her famous enchiladas for supper. Beans, rice, salad, chips and dessert will complement the menu. If you would like to visit with us and enjoy this good

dish, tell Judy. She needs to know an estimate for how much sauce to make. It is a special treat if you have not eaten any of her enchiladas.

May 27, we will be hostesses for a bridal shower for Wally and Kelly. All the church is invited. Punch and cake will be served at 1 pm

in the Fellowship Hall. They are registered at Macy's, Target, and Bed, Bath and Beyond. Come and enjoy the festivities and wish Kelly and Wally the best of love and marriage. The wedding is in June.

Our final meeting of the spring is May 8 at the home of

LaRue Williams. We will repeat last spring's fun night with a salad supper on her patio. Bring a salad and come join the group. We will reveal our Secret Sisters that night. Even if you have not participated in the Secret Sisters exchange, you can still come and have supper.

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store that's closed on Sunday.

We're going to have to take control of our own weeks and build into them a day of rest. For some of us, it will be Mondays where we'll take the day off to spend time driving in the country with family or friends, take a silent hike for several hours, or have a quiet evening at home. For others of us, it will be taking off on Fridays to spend the day with people we love to be with.

What should you try to keep from doing on your day of rest? We should try to not do any work, shopping, or worrying. The work will still be there and the company will still be in business without you working seven days a week. You can do whatever shopping you need to do the other six days of the week. One shop-free day out of seven is doable once you get used to it. Trying to eliminate worrying for one

day may be hard at first, but it will help if you keep from doing the things you know can make you worry—things like paying bills and planning for the week ahead. Pick another day to do these things.

What should you do? Worship with your church family. Spend time with loved ones—just time “wasted” on the pleasure of being together. Spend time in solitude, read, sleep,

reflect, walk, and pray. This may sound like a luxury to you, something that you just don't have time for. But the stresses of our lives can take their toll on us physically, emotionally, and spiritually if we don't take a timeout for ourselves. So, take a day of rest, and see what a difference a day can make. And come visit us sometime at JUMC. Our hearts, our minds, and our doors are always open!

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think you might be interested in serving as a General Conference delegate, visit www.umc.org and search for “General Confer-

ence 2008.” Also, Dottie Chase has served as a delegate at several conferences and would be glad to answer your questions.



Music Notes

Copntributed by Lynn Richardson

Aren't our Chancel Choir and Bell Choir members just awesome! They work so diligently to bring the special music to our worship service each Sunday and are such a joy to work with. I can't say enough good things about each one of them. JUMC is truly blessed! Our blessings will increase this month when we in-

clude our Youth in singing "Light of Mine". This hymn speaks of Jesus being a continuous presence in our lives and the peace that knowledge gives us as believers. We will be singing on Sunday, May 13 in celebration of Mother's Day.

With the summer months ahead the choirs will be taking a well-deserved break.

There will still be special music - solos, duets, etc - which is always a real treat! During this time we hope to make headway in re-vamping the Chancel area of the church. Continue to pray for this very important project that the space will be utilized efficiently while retaining the special character of our sanctuary. Thanks to

everyone who gave suggestions during our recent meeting and a special thanks to Danny Chambers, Brandon Tyler and Jon Beck for their talents and insights. Our Chancel area will shine!

Until next time... keep a song in your heart!

Daily Rules submitted by Kathryn Fisher

1. **Wake Up!!** Decide to have a good day. "Today is the day the Lord hath made; let us rejoice and be glad in it." Psalms 118:24

2. **Dress Up!!** The best way to dress up is to put on a smile. A smile is an inexpensive way to improve your looks. "The Lord does not look at the things man looks at. Man looks at outward appearance; but the Lord looks at the heart." I Samuel 16:7

3. **Shut Up!!** Say nice things and learn to listen. God gave us two

ears and one mouth, so He must have meant for us to do twice as much listening as talking. "He who guards his lips guards his soul." Proverbs 13:3

4. **Stand Up!!...** For what you believe in. Stand for something or you will fall for anything. "Let us not be weary in doing good; for at the proper time, we will reap a harvest if we do not give up.

Therefore, as we have opportunity, let us do good..." Galatians 6:9-10

5. **Look Up!!...** To the Lord. "I can do everything through Christ who strengthens me." Philippians 4:13

6. **Reach Up!!...** For something higher. "Trust in the Lord with all your heart, and lean not unto your own understanding. In all your ways, acknowledge Him, And He will direct your path." Proverbs 3:5-6

7. **Lift Up!!...** Your Prayers. "Do not worry about anything; instead pray about everything." Philippians 4:6

God answers Knee-Mail.

May Birthdays

- 5 Paulette Layfield
- 5 Natalie Wood
- 6 Catherine Martin
- 11 Christopher Gosnell
- 12 Carolyn Beckham
- 12 Brandon Tyler
- 13 Joe Lopez
- 15 Doug Logan
- 16 Joe Williams
- 17 Jamey Lamm
- 18 Mitchell Henson
- 27 Dinah Murdock
- 27 Fonda Peterson
- 27 Raul Vargas
- 30 Nicole Browning
- 30 Cody Long

Deadline for June Newsletter:

Wednesday, May 9th

Please submit your news and photos to D'Arla Tyler at darlatyler@earthlink.net or put in the "Newsletter" box in the church office.

Thanks for making our newsletter great!

May Youth Calendar

Wed., May 2	Youth-sponsored dinner: 5:45-7 pm Menu: hot dogs, chips and fruit
Sun., May 6	Youth Choir practice 9:00-9:20 am; Youth group 4:30-6 pm
Sun., May 13 Mother's Day!	Youth Choir practice 9:00-9:20 am; Youth sing during 9:30 worship No youth in afternoon so families can be together on Mother's Day!
Wed., May 16	Youth 7-8 p.m.
Sun., May 20 ^t	Go Carting! Details TBA
Sun., May 27 ^t	no youth (Memorial Day weekend)
Wed., May 30	Youth 7-8 p.m.



Need a Sitter?

Want to go out but don't have a babysitter?

Lilly Olson from our church nursery is now available 24 hours a day to babysit for you.

She can care for your children in your home or hers. She offers reasonable rates and overnights too.

To contact Lilly call 817-857-1167. You can also email at lillyolson@yahoo.com.

*You're Invited to a
Wedding Shower
honoring*

*Kelly McGowan
and
Mike "Wally" Waldrop*

*Sunday, May 27th at 1 p.m.
Fellowship Hall, JUMC*

*Couple is registered at
Macy's, Target, and
Bed, Bath & Beyond*



Care Ministry Team Puts New Ideas into Action

Contributed by Dinah Murdock

The Care Ministry Team's recent meetings have focused on reviewing the past year and how the team can better serve our church family in 2007. We have some new things planned for the year ahead. If you have ideas please share them with Buster or one of the team.

You may have noticed already a difference when new members join. JUMC has been blessed to have families moved to join our church during the closing hymn, as invited by Buster. A member of the Care Team will come forward with the new members and stay with them as the others

come to welcome them after the service. They will be available to answer any questions and escort them to the Fellowship Hall for refreshments.

Plans are being made for a new team to assist with the immediate prayer needs of the church family. 'Serving with Prayer' will be a team of folks that can be contacted when there is a need for special prayers at any time. Requests for prayers come in during the week when accidents happen, medical diagnosis is received and the need for prayer is immediate. When such a need occurs please notify the church office. 'Serving

with Prayer' members will be notified of these needs. Our hope is to have this team consist of folks who are not already serving on other church committees. If you would be interested in the 'Serving with Prayer' team please contact Kathryn Fisher at 817-455-4121. Kathryn may be calling some of you soon to request your help.

This might be old news when the May Newsletter is printed, but in case it is still in the planning stage here is another new team. The Care Team is also working on a "Supper Ministry" to provide a meal to families when there is a need. When

there is a circumstance such as illnesses, surgery or a crisis, a meal such as soup or a hot dish would be delivered to the family. The first step will be to recruit helpers from the church. A list of the volunteers with phone numbers will be compiled and given to the volunteers. The person at the top of the list will have something in their freezer ready for an emergency. Once that person has provided their soup their name goes to the bottom of the list. They would notify the new person on the top of the list. They would put something in their freezer to await the next emergency.

Volunteer pages, marshals needed for '08 assembly

Courtesy of United Methodist News Service

Submitted by Dottie Chase

Volunteers are being sought to serve as marshals or pages at The United Methodist Church's 2008 General Conference. About 150 volunteers are needed to serve delegates, officials and visitors to the denomination's top leg-

islative body, conference planners say. The General Conference depends on volunteers - especially marshals and pages - for everything from assisting disabled delegates to distributing documents. Marshals and pages travel

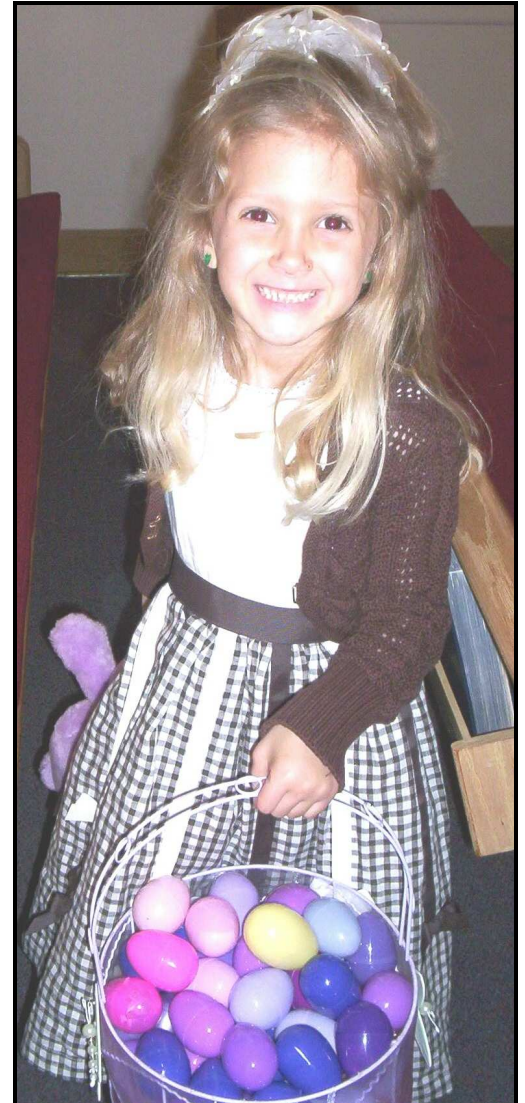
to and work at the conference at their own expense. Volunteers may apply online at the General Conference Web site by going to <http://gc2008.umc.org> and clicking Online Marshals/Pages Application. Applications

must be submitted by July 31, and applicants will be notified of their status by Sept. 30. The General Conference, which gathers every four years, will meet April 23-May 2, 2008 in Fort Worth, Texas.

Easter 2007



The Easter Bonnet Contest. Weren't they all winners.



Lexi Long showing her cache of Easter Eggs. She mainly went for the purple eggs.



Ainsley Tyler standing next to the cross outside the sanctuary on Easter. The cross is covered in flowers that church members placed on the cross.



The children on Palm Sunday bringing in the Palms. They walked throughout the Sanctuary.

The Bible as Prairie Companion

Contributed by Janet Noah

Editor's Note: Each month, Janet shares with you some of her daily observations that trigger thoughts of Scripture.

I've never really cared much about insects. In fact, my childhood nightmares were about insects. But I've come to appreciate them a little more, living in the country. I remind myself that insects are part of creation and as Genesis 1:31 says, **³¹God saw everything that he had made, and indeed, it was very good.**

We found a tarantula on our patio, one evening. He was very large, but beautiful. He looked so soft, almost like velvet. We relocated him to our neighbor's back yard. Then there was the biggest grasshopper I've ever seen alternating be-

tween my basil and hibiscus. He would jump onto the wall when I watered and watch me. One day, a flock(?) of butterflies came to feed off the mimosa tree next door, which also hangs over our yard. Then there are the dragonflies.

The dragonflies come when we water. Early one morning, I saw some in the back yard when I was watering the potted plants, so I turned on the sprinklers and watched dragonflies flitting among the sprinkles, darting here and there, like children running through sprinklers. Then I saw the rainbow. The rising sun hit the water mist just right and a rainbow appeared among the dragonflies and I remembered

God's covenant with the earth, in Genesis 9:8-17,

⁸Then God said to Noah and to his sons with him, ⁹“As for me, I am establishing my covenant with you and your descendants after you, ¹⁰and with every living creature that is with you, the birds, the domestic animals, and every animal of the earth with you, as many as came out of the ark.

¹¹I establish my covenant with you, that never again shall all flesh be cut off by the waters of a flood, and never again shall there be a flood to destroy the earth.”

¹²God said, “This is the sign of the covenant that I make between me and you and every living creature

that is with you, for all future generations: ¹³I have set my bow in the clouds, and it shall be a sign of the covenant between me and the earth. ¹⁴When I bring clouds over the earth and the bow is seen in the clouds, ¹⁵I will remember my covenant that is between me and you and every living creature of all flesh; and the waters shall never again become a flood to destroy all flesh. ¹⁶When the bow is in the clouds, I will see it and remember the everlasting covenant between God and every living creature of all flesh that is on the earth.” ¹⁷God said to Noah, “This is the sign of the covenant that I have established between me and all flesh that is on the earth.”

Home Study Group Switches Meeting Nights

Contributed by Dinah Murdock

The Home Bible Study Group has changed from Thursday nights to Tuesday nights. We will meet each Tuesday with the exception of the second Tuesday when Joy Circle meets. The group continues to meet in different homes each time. We are currently studying Numbers. There are a lot of lively discussions from this group that are enjoyed along with the learning. Anyone is welcome to join - just come any time and bring your Bible.

Justin United Methodist Church
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Justin, TX 76247

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Church contact information:
Church 940-648-2594

Pastor Buster Noah
Youth Director Mike "Wally" Waldrop
Secretary Denise Logan
Lay Leader Joe Lopez
Music leader Lynn Richardson

Sunday service:
Worship 9:30



Justin United Methodist Church

Weekly Events

Sun. 8 a.m. Bell Choir Rehearsal
9:30 am Worship
10:45 am Sunday School
4:30 pm Youth Fellowship
Mon. 7 pm Boy Scouts
Tues. 7 pm Home Bible Study
Wed. all day Prayer in the Sanctuary
9 am Women's Bible Study
6:15 pm Fellowship Dinner
7 pm Narcotics Anonymous Meeting
7:15 pm Chancel Choir Rehearsal
Thurs. 6:30 pm Disciple III Bible Study

May Events

Mon. 5/7 7 p.m. Trustees Meeting
Tues. 5/8 7 p.m. Joy Circle Women's Group
Sat. 5/19 8 a.m. Men's Breakfast
Sun. 5/20 6 p.m. Church Council
Sun. 5/27 1 p.m. Shower for Kelly & Wally

See Youth Calendar inside
